

# APPLIED NEUROSCIENCE FOR LEADING & LEARNING

WITH ALLAN PARKER OAM

INTERNATIONAL NEGOTIATOR, EDUCATOR  
AND MICRO BEHAVIOURAL SCIENTIST

**2 HOURS PER WEEK X 10 WEEKS VIRTUALLY**

This fascination journey into our brain and how it works, and how you can apply that to:

- ✓ Improving your memory
  - ✓ Reducing stress and increase energy
  - ✓ Quietening the chatter inside your head
  - ✓ Improve sleeping
  - ✓ Hold attention and concentration
  - ✓ Improve your reading
- Also covered, Foods and tools to have a healthy brain.



**DATES & TIMES:**



**ALL SESSIONS  
4PM - 6PM NSW**

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| ✓ 19 <sup>th</sup> February, Monday | ✓ 2 <sup>nd</sup> April, Tuesday |
| ✓ 26 <sup>th</sup> February, Monday | ✓ 8 <sup>th</sup> April, Monday  |
| ✓ 4 <sup>th</sup> March, Monday     | ✓ 15 <sup>th</sup> April, Monday |
| ✓ 11 <sup>th</sup> March, Monday    | ✓ 22 <sup>nd</sup> April, Monday |
| ✓ 18 <sup>th</sup> March, Monday    | ✓ 29 <sup>th</sup> April, Monday |
| ✓ 25 <sup>th</sup> March, Monday    | ✓ 6 <sup>th</sup> May, Monday    |

## TESTIMONIALS:

**Jean Norris –**

Norton Norris USA <https://vimeo.com/713926262/0f43220c7d>

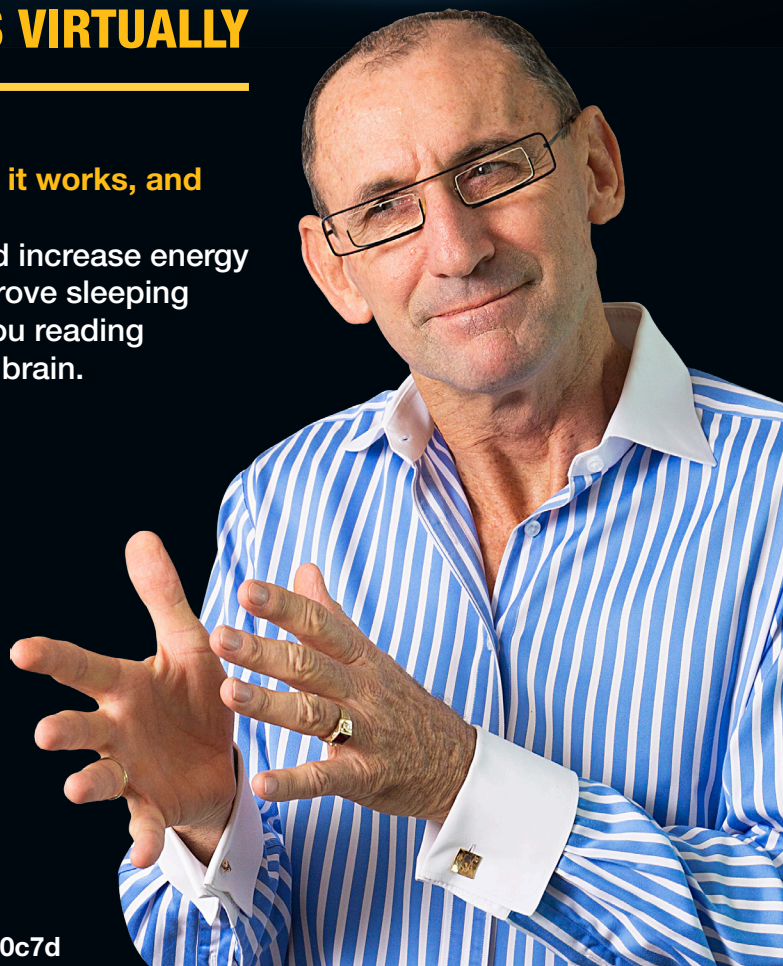
**Tilli Crips –**

AZ NGA <https://vimeo.com/733518351>

**Many Napier –**

Mindset for Success <https://vimeo.com/804959161>

**IDEAL CHRISTMAS GIFT**



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